

Clara Tak-Mui Tsang RN (EC), BA, BScN, MN, GNC(C)
Address: 11 Lanor Court, Markham, Ontario L3S 3W6, Canada
Tel: 1-905-471-5269

Education

- Certificate in Advanced Leadership Rouge Valley Health System, Canada, 2012
- Certificate in Gerontology Nursing Canadian Nurses Association, 2006, 2011
- Master of Nursing Athabasca University, Canada, 2006
- Bachelor of Science in Nursing
(Integrated program: Primary Health
Care Nurse Practitioner) Ryerson University, Canada, 2002
- Bachelor of Arts University of Waterloo, Canada, 1999
- Diploma of Chinese Medicine and
Acupuncture College of Traditional Chinese Medicine &
Pharmacology, Beijing Union University,
Canada, 1999
- Certificate in Nursing and Health
Care Management McMaster University, Canada, 1997
- Diploma in Occupational Nursing Chinese University of Hong Kong, 1986
- Midwifery Certificate Central Midwives Board, U.K. 1981
- General Nursing Certificate Hong Kong Government Hospital School of
General Nursing, 1979

Licenses

- Registered Nurse (Extended Class) College of Nurses of Ontario, Canada,
2002
- Registered Nurse College of Nurses of Ontario, Canada,
1989
- Registered Midwife United Kingdom Central Council for
Nursing, 1981
- Registered Midwife Hong Kong Midwives Board, 1981
- Registered General Nurse Central Council for Nursing, U.K., 1979
- Registered General Nurse Nursing Board of Hong Kong, 1979

Employment and Public Services

Professional Employment/Volunteer Experiences

- 2018 to Present: ***Primary Health Care Nurse Practitioner, 105 Gibson Wellness Clinic***
 - Provide medical consultation, counselling, and referral to Gibson Center Clients
- 2020 to 2021: ***Infection Prevention and Control Consultant at CareFirst Seniors and Community Service Association***

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- Develop, revise and educate on infection prevention and control policies and procedures for the Association
- 2015 to 2016: ***Geriatric Nurse Practitioner Consultant at CareFirst Geriatric Assessment and Intervention Network (GAIN) Outreach Team, and Transitional Care Unit, Ontario, Canada***
 - Support, developed and implemented an inter-professional team approach to assess and manage complex senior clients in the community
 - Developed and Implemented Transitional Care Unit
- 2015: ***Visiting Clinical Associate at Hong Kong Polytechnic University, School of Nursing***
 - Developed and conducted Advanced Nursing Practice Workshop for Master prepared geriatric nurses
- 2004 to 2014: ***Geriatric Clinical Nurse Specialist/Nurse Practitioner at Rouge Valley Health System, Centenary Site, Ontario, Canada***
 - Dedicated to geriatric emergency management – delivered clinical care to senior clients at the Emergency, and offered community support and program development to enhance the standard of elderly care in the care continuum (acute, transitional, chronic long-term care, and community care)
 - One of the eight staff in the Geriatric Emergency Management Initiative in Ontario in 2004. Owing to its success, the program was subsequently expanded to all emergency departments across Ontario
 - Developed and implemented a fast-track program for clients with feeding-tube problem from long-term care to admit to the digestive disease unit/diagnostic imaging department instead of the emergency room
 - Developed and implemented a geriatric emergency management clinic in the hospital
 - Developed and implemented an internal geriatric consultation team in the internal medicine unit
 - Developed and implemented a telephone follow-up program for frail and at-risk senior clients discharged from the emergency room
 - Active members of following committees in the hospital: Pain Management, Fall Prevention, Patient Flow, Professional Practice, Professional Practice and Standards, Acute and Post-Acute Care Program, Emergency Program, Nurse Practitioner Program
 - Involved in the development and implementation of the Mental Health Outreach Services to Long-term Care Homes in the City of Toronto
 - Involved in the development of the Best Practice Guidelines for Long-term Care with the Registered Nurses Association of Ontario (RNAO)
 - Involved in the development of education strategies on dementia for physicians in the Durham region of Ontario
 - Developed and implemented hypodermoclysis in the long-term care to reduce unnecessary emergency room visits

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- Developed and educated long-term care staff in managing clients with acute conditions
- Involved in the expansion of the Geriatric Emergency Management role in all emergency departments in the Ontario Central East Local Health Integrated Network (CE LHIN) region
- Involved in the implementation of the Nurse Practitioner outreach program in the Ontario CE LHIN to manage long-term care clients with episodic conditions
- Involved in the development and implementation of the Home At Last Program to support frail seniors following discharge from the hospital
- Involved in the development and implementation of Geriatric Assessment and Intervention Network Clinics in the Ontario CE LHIN
- Wrote and published Senior Care Newsletters four times a year for hospital staff
- Wrote and published articles in Frail Elderly Alliance of Durham Region Newsletter in fall 2006 and fall 2007
- Co-authored “Raising the Bar of Care for Older People in Ontario Emergency Departments” – International Journal of Older People Nursing
- Co-authored “Perspective on Cultural Competency: A Review of Chinese Culture” – Nursing 2018
- Involved in the development of Continue Medical Education (CME) for family physicians/nurse practitioners
- Involved in the development of Scarborough Health Fair, Ontario
- Involved in the behavioral mapping program in Long-term Care Homes
- Involved in the development and implementation of Transitional Restorative Care program in the hospital
- Planning committee for Ontario Hospital Association (OHA) Conference on Senior Friendly Hospital Care: The Imperative Need for Change
- Participated in panel discussions on “Advanced Practice roles in Geriatrics”
- Involved in education sessions in geriatric care issues in the hospital
- Developed and published education posters and pocket guides for staff in the hospital to promote geriatric care
- Presenters to staff and/or senior audiences in community support service organizations (retirement homes, adult day programs, home care services, emergency management services, health fairs, and information days)
- Presenters in the following Conferences:
 - Ontario Association of Non-Profit Homes and Services for Seniors Conference
 - Ontario Hospital Association Health Achieve 2004 Convention
 - Registered Nurses Association of Ontario: Older People Deserve the Best Conference
 - Gerontological Nurses Association of Ontario Conference (twice)
 - Nurse Practitioners Association of Ontario Annual Conference (twice)
 - Durham Chapter Gerontological Nurses Association Annual Conference

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- Practice to Policy: Global Perspective in Nursing Conference
 - A Focus on ER Nursing Excellence Conference
 - Celebrating Innovations in Health Care Expo
 - Ontario Gerontology Association Annual Conference (twice)
 - Ontario Regional Geriatric Program Annual Conference (four times)
 - Regional Geriatric Program: Geriatric Emergency Management Conference (four times)
 - Registered Nurses Association of Ontario: Elder Care International Annual Conference (twice)
 - GEM Institution (thrice)
 - International Nurse Practitioner and Advanced Practice Nursing Network Conference
 - Central East Local Integrated Network Symposium
 - Ontario Hospital Association Nurse Practitioners Conference (Nurse Practitioners: Transforming Ontario's Health Care System)
 - RNAO Clinical Nursing Symposium
 - Canadian Gerontological Nursing Association Annual Conference (twice)
 - Canadian Association on Gerontology
 - Hong Fook Mental Health Association Annual General Meeting Conference
 - Canadian Ambulatory Care Conference
 - National Falls Prevention Conference
 - International Conference on Emergency Medicine
 - Hong Kong Polytechnic University School of Nursing
 - University of Toronto, Nursing Faculty
- 2012 May to Nov: ***GAIN Interim Manager at Rouge Valley Health System, Centenary Site, Ontario, Canada***
 - Dedicated to develop and implement an inter-professional team approach for the Geriatric Assessment and Intervention Network (GAIN) Clinic initiative
 - Provided clinical support to inter-professional team members and clients
 - Studied the impact of GAIN on emergency revisit
 - Studied the effectiveness of GAIN on post-falls seniors
- 2006 to 2014: ***Mentor / Coach for Various Nursing Programs***
 - Masters of Nursing / Nurse Practitioner programs in the University of Toronto, Ryerson University, and York University
 - Ontario Geriatric Emergency Management nurses
 - Nurse Practitioners outreach team in CE LHIN region
 - PhD/MScN students/Nurses from overseas - Hong Kong and Singapore
- 2010 to 2014: ***Adjunct Clinical Appointment with Lawrence S. Bloomberg Faculty of Nursing of University of Toronto***

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- 2009 to 2014: *Honorary Clinical Associateship in the School of Nursing of Hong Kong Polytechnic University*
- 2002 to 2004: *Nurse Practitioner at two City of Toronto Homes for the Aged*
- 2000 to 2003: *RN at Scarborough Grace Hospital Emergency Department*
- 1989 to 2002: *RN at a City of Toronto Homes for the Aged*
- 1982 to 1989: *RN at the University Health Clinic of Chinese University of Hong Kong*
- 1980 to 1981: *Student Midwife at Watford General Hospital, England, U.K.*
- 1979 to 1980: *RN at Queen Elizabeth Hospital, Hong Kong*
- 1990 to present: *Active volunteer in local community, and overseas medical services*

Professional Memberships, Associations, and Special Recognitions

- *Member of College of Nurses of Ontario*
- *Member of Canadian Nurses Association*
- *Member of Registered Nurses Association of Ontario*
- *Member of Nurse Practitioners Association of Ontario*
- *Member of Gerontological Nurses Association of Ontario*
- *Member of United Kingdom Central Council for Nursing*
- *Member of Nursing Board of Hong Kong*
- *Ontario Ministry of Health and Long-Term Care, member of the following:*
 - Long-Term Care Homes Mental Health Initiative steering committee
 - Toronto Best Practice Initiative: Long-Term Care Guideline Development & Implementation steering committee
 - Long-Term Care Homes/ED communication working group
- *Ontario Central East Local Health Integrated Network (CE LHIN), member of the following:*
 - Geriatric Advisory Committee
 - Geriatric Assessment and Intervention Network implementation committee
 - Emergency Department Strategic Aim Coalition committee
 - Seamless care for Senior Network steering committee
 - Geriatric Expertise in ED project team task force
 - Geriatric Emergency Management Implementation Task Force
 - Home At Last Program Implementation Task Force
 - Specialized Geriatric Services steering committee
 - Community Comprehensive Geriatric Assessment team proposal/development

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- Board Director of Hong Fook Connecting Health Nurse Practitioner Led Clinic
- Board Director of Association of Ontario Health Centres
- Member of Services Development and Quality Improvement Committee of Hong Fook Mental Health Association
- Member of Ethic and Research Committee of Hong Fook Mental Health Association
- Member of Scarborough Chinese Outreach Committee
- Member of Ontario Regional Geriatric Program: Senior Friendly Hospital Task Force
- Member of Frail Elderly Alliance of Durham Region: Identifying Risk and Intervention Strategies for Frail Elderly workgroup
- Member of Toronto Public Health: GEM FIT program committee, and Community Consultant Committee
- Member of Durham Dementia Network: Education Strategies to Physician workgroup
- Received “Top of the Valley” Service Excellence Award 2008 and 2010