

# 2025년 한국학교보건학회 전기학술대회 초록 발표

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한국학교보건학회 전기 학술대회

## 학생 마음건강을 위한 학교와 지역사회의 역할과 방향

| 일 시 | 2025.7.11.(금) 15:00-18:00  
| 방 법 | 중 온라인 실시간 방송  
| 방 법 | 중 입장은 10분 전부터 가능, 입장 시 댓글에 소속과 성명 기입  
| 주최 | 한국학교보건학회

### 논문초록

논문 초록 발표자	논문 초록 주제
김미주 교수	청소년 우울감과 관련된 건강형태 분석: 국민건강영양조사 제9기(2022-2023) 자료 활용
김미주 교수	청소년 구강건강과 관련 요인: 국민건강영양조사 제9기(2022-2023) 자료 활용
박승미 교수 외 5인	일개 간호대학생의 심박면이도 조사
박승미 교수 외 5인	일개 간호대학생의 스트레스와 극복력에 대한 상관관계
김현옥 교수	중고등학교 청소년의 습관적 및 의도적 약물 사용이 자살에 미치는 영향
김현옥 교수	중고등학교 청소년의 고 카페인 음료 섭취가 습관적 및 의도적 약물 사용에 미치는 영향
체민지 교수	The Impact of Smartphone-Overdependence on Sedentary Behavior Among Adolescents
유수옥 교수	A Case Study to Improve the 'Nutrition and Health' Class for Global Nursing Students - Focused on the Class at the College of Nursing and Midwifery, L University of Cambodia
곽은주-박승미 교수	방문간호사 연구 동향 분석을 위한 텍스트 네트워크 분석과 토릭모델링
백수연 교수	Influence of Resilience and Social Support on Adolescents' Indirect Trauma in the Aftermath of Disaster

A Case Study to Improve the 'Nutrition and Health' Class for  
Global Nursing Students  
- Focused on the Class at the College of Nursing and Midwifery, L  
University of Cambodia

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**Purpose:** This study is a case study of a classroom setting to improve the 'Nutrition and Health' class for global nursing students. **Methods:** This study describes a class case conducted from January 9 to February 1, 2025. The subjects were 10 nursing students and 1 professor. The lecture plan, student presentation materials, student calorie and water intake calculation log, professor and student activities, grades, and post-class impressions and reviews were analyzed. **Results:** The lecture was conducted in English, with one student representative and one interpreter assistant assigned, and the explanation of important learning areas was clearly repeated. The textbook was uploaded as a PDF file before class, and was operated according to the 4-year 'Nutrition and Health' syllabus created by the Cambodian government. Individual guidance was given, presentations were made, and mutual collaborative learning was conducted to calculate nutritional calories and water intake. The students compared and learned their eating habits, and the nutritional requirements by life cycle, food affected by culture and religion were presented as individual assignments, and any insufficient areas were revised and supplemented. They directly participated in physical activities such as walking and running, and learned about diets for major chronic diseases and fatal diseases in Cambodia. The evaluation was attendance 10%, midterm exam (multiple choice, fill in the blank, calculation) and final exam (subjective) 30% each, and presentation, participation, and assignments 10% each. The total score of the students was 52 out of 95, with 4 A's, 4 B's, and 2 C's. The class satisfaction was 5 points, and the opinions on volunteer professor were that they hope to meet her again next time, that she is kind, and that they had a new learning opportunity. And the opinion about the classroom was that the projector screen was too dark and small. Although individual guidance on calculating nutritional calories for students was time-consuming, differentiated presentations and collaborative learning provided opportunities for relearning, and individual assignment selection and selection of diets for major chronic diseases in Cambodia made learning more interesting and engaging. The direct physical activities of walking and running provided an opportunity to recognize one's own physical activity. It was learned that differentiated scores for excellent students are required in the evaluation, and that class satisfaction and evaluation should also be presented specifically. **Conclusion:** Even if it is a subject created by a global government, it is believed that it is

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necessary to use a variety of methods to repeatedly learn the core content to fully understand, apply nutritional information and data necessary for developing countries, and utilize learning methods that can teach according to each student's level.

**Key words:** Nutrition and Health, Class, Global Nursing Students, Learning

